



# Ouachita Mountain Hikers

P.O. Box 371 Hot Springs, AR 71902

[www.omhikers.net](http://www.omhikers.net)

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<b>PRESIDENT</b>	<b>John Burns</b>	<b>922-4106</b>
Vice President / Program Chair	Marie Michalets	915-8457
Secretary / Historian	Linda Agre	625-3997
Treasurer / Membership	Jeannie Eichler	915-9185
Hike Chair	Jim Gifford	922-1680
Trail Maintenance Chair	Glenn Wortham	922-0924
Publicity Chair	Theresa Keyser	762-0337
Web Master	Glen McClain	262-1334

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## 2010 Hiking Schedule

Winter / Spring

### A Message from Our President

OMH will kick off the 2010 fall hiking season with a Welcome Back Hike at Charlton Trail, September 9. Our schedule includes three overnights: Buffalo River in October, the west end of the Ozark Highland Trail at Lake Fort Smith in November, and Sylamore Creek in December. Hiking while celebrating the holidays has become popular and we have included a Halloweenie Roast at Hunt's Loop, the popular Hike to Thanksgiving Dinner, our annual Christmas Party, and a New Year's Day "Hangover Hike". If you are trying to complete the Ouachita Trail, four Thursday hikes will get you to the foot of Rich Mountain in western Arkansas. One Thursday monthly has been designated for trail maintenance. Hikes have been planned for different ability levels but all will include beautiful views, points of interest, exercise, and lots of fun. Plan on attending the September and November OMH meetings at Garland County Library. Marie Michalets has selected informative and interesting programs for 2010. Once again, I would like to salute hike chairman Jim Gifford, his planning committee, and the hike leaders for their service to OMH. Hope to see you on the trails.

- John Burns

### Important Reminders

**ALWAYS contact the Hike Leader** (by email or telephone) **in advance** if you intend to go on a hike. Proper hike planning requires knowing how many people intend to participate. As a matter of courtesy, make contact as early in the week as possible. The **Hike Leader** may cancel a hike due to inclement weather or unforeseen circumstances. Cancellation notification will be made *only* to those who indicate they intend to participate. The Hike Leader has the right to refuse to take any person who is not properly equipped or is inadequately prepared for the hike. *Group safety is the primary concern.*

**Be Properly Equipped. Start with plenty of WATER. Good foot wear** is of primary importance in hiking. Depending on the hike and weather, each hiker should have lunch or trail snacks, foul weather gear, and a first aid kit. Depending on the season, you may also need insect repellent, hat, sunglasses, blaze orange clothing, or extra clothing for warmth. See "Hikers Corner" section of our club web site for a list of other useful items.

**Carpooling** to hike sites is the norm. Carpools typically operate from both Hot Springs and Hot Springs Village. Riders are expected to contribute to the cost of gas and wear-tear on the car -- which can be significant, especially when forest roads are used. The current mileage rate for carpool sharing is **6 cents per mile - rounded to the nearest dollar**. Contributions are *payable to the driver*. Please bring correct change whenever possible. Frequent hikers are also expected to drive from time to time, if they have a suitable vehicle.

**Announced Times are DEPARTURE Times.** When meeting for a hike, be courteous to the hike leader and your fellow hikers. Arrive a few minutes early to arrange carpools and organize your gear. *Don't get left behind !!*

**Weekly Hike Flash.** Current information, *including schedule changes*, is promulgated using the weekly "Hike Flash" message. If you do not receive your weekly email, the Hike Flash is always available on the club web site. If you do NOT use E-mail but would like to receive the "Hike Flash", please provide the Publicity Chairman with stamped, self-addressed envelopes.

**Photographs** taken on hikes may be of interest to others. If you get good photos, please send them to the OMH Webmaster and the club Historian (names at top of this page). Don't forget the OMH Photo contest - get your pictures published in the OMH calendar.

**First Time Hikers:** *Please participate in two Saturday hikes before trying the longer, more difficult Thursday hikes.*

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**2010 HIKING SCHEDULE  
FALL**

<b>Date</b>	<b>Location</b>	<b>Distance</b>	<b>Difficulty</b>	<b>Contact</b>
<b>Sept 9</b> Thursday	<b>Welcome Back Hike / Charlton Trail</b> <i>Followed by pot luck brunch. Hiker Reunion</i>	4 miles	Moderate	Anita Moore 525-3904
Sept 11 Saturday	<b>Gulpha Gorge Clean-Up</b> <i>Meet 9:00 a.m. at Gulpha Gorge</i>	2 hours	Service	Phil Simpson 922-3205
<b>Sept 16</b> Thursday	<b>Trail Maintenance –</b> <i>OMH supports <b>Friends of the Ouachita Trail (FoOT)</b></i>	4 hours	Strenuous Rewarding	Glenn Wortham 922-0924
<b>Sept 16</b> Thursday	<b>Monthly Meeting:</b> Garland County Library -- 6:00 pm <i>Program/Speaker:</i>			Marie Michalets 915-8457
Sept 18 Saturday	<b>Lake Sylvia Hike &amp; Swim</b>	5 miles	Moderate	Anita Moore 525-3904
Sept 23 Thursday	<b>Lake Ouachita Vista Trail</b> <i>West end of trail - length may be tailored to weather</i>	10 miles	Moderate	Chuck Dumas 870/ 867-0179
<b>Sept 25</b> Saturday	<b>Hike to Breakfast / Hot Springs National Park</b> <i>Gulpha Gorge to town for breakfast - hike back</i>	5 miles	Moderate	Becky Gifford 922-1680
Sept 30 Thursday	<b>Womble Trail / FR 922 - CR 61</b> <i>We will hike the entire Womble Trail this season -- all 43 miles</i>	8.1 miles	Moderate	Larry Kizer 760-5650
Oct 2 Saturday	<b>Caddo Bend Trail / Lake Ouachita SP</b> <i>Great views of Lake; Eagle sightings possible</i>	5 miles	Moderate	Jackie Dawson 778-9313
Oct 7 Thursday	<b>Ouachita Trail / Sect 4</b> <i>Brushy Creek - FR 76 W [94.5 - 85.0]</i>	9.5 miles	Moderate	Marv Weitzenfeld 915-9632
Oct 9 Saturday	<b>Little Blakely / South Loop</b> <i>New Hike - Hot Springs municipal trail</i>	6 miles	Moderate	Joy Linker 915-8066
<b>Oct 12-14</b> Tue -Thur	<b>Overnight: Buffalo River</b> <i>Including Buffalo River Trail (Boxley to Ponca)</i>	Various	Various	Cliff/Pam Harrison 915-8382
Oct 14 Thursday	<b>Sunset Trail / Hot Springs National Park</b> <i>Local Hike in lieu of overnight</i>	8 miles	Moderate	Phil Simpson 922-3205
Oct 16 Saturday	<b>Burns Park / North Little Rock</b> <i>Urban Hiking near the Arkansas River</i>	5 miles	Moderate	Tom/Jeanie Calhoun 765-4827
<b>Oct 21</b> Thursday	<b>Trail Maintenance –</b> <i>50 Hours of trail work earns an “OMH Trail Crew” shirt</i>	4 hours	Strenuous Rewarding	Glenn Wortham 922-0924
Oct 23 Saturday	<b>Bona Dea Nature Preserve</b> <i>Bird watching and Wildlife observation</i>	3 miles	Easy	John Burns 922-4106
Oct 28 Thursday	<b>Womble Trail / CR 61 - Hwy 27</b> <i>Part 2 of 5 to do the entire Womble Trail this season</i>	8.8 miles	Moderate	Jerry Harris 915-9635
Oct 30 Saturday	<b>Hunt's Loop "Halloweenie Roast"</b> <i>A nice hike followed by a BBQ at Irons Springs picnic area</i>	4 miles	Moderate	Tom Cornelius / Larry Kizer 760-1597
Nov 4 Thursday	<b>Ouachita Trail / Sect 4</b> <i>FR 76 W - Lori Creek [85.0 - 74.5 + walkout]</i>	11.5 miles	Difficult	Marv Weitzenfeld 915-9632
Nov 6 Saturday	<b>Entergy Park</b> <i>Hot Springs City Park near Carpenter Dam on Lake Hamilton</i>	4 miles	Easy	Rick Ericson 922-0379
<b>Nov 9 -11</b> Tues -Thur	<b>Overnight: Ozark Highlands Trail / Section 1</b> <i>Lake Ft Smith SP to White Rock Mt. [0 - 18.7; Lk Ft. Smith Lodge</i>	18.7 miles	Moderate- Difficult	Jeannie Eichler 915-9185
Nov 11 Thursday	<b>Buckeye Mountain</b> <i>Local Hiker in lieu of overnight</i>	8 miles	Difficult	Glen McClain 262-1334
Nov 13 Saturday	<b>Village Trails Day</b> <i>Celebrate and enjoy Hot Springs Village Trails</i>	various	Easy - Moderate	<i>HSV event</i>
<b>Nov 18</b> Thursday	<b>Trail Maintenance –</b> <i>Support the trails; Give something back.</i>	4 hours	Strenuous Rewarding	Glenn Wortham 922-0924
<b>Nov 18</b> Thursday	<b>Monthly Meeting:</b> Garland County Library -- 6:00 pm <i>Program/Speaker:</i>			Marie Michalets 915-8457
Nov 20 Saturday	<b>Ouachita Trail / Hillary Hollow</b> <i>Lake Sylvia to Hwy 9 - See fall displayed</i>	5 miles	Moderate	Rick Ericson 922-0379
<b>Nov 25</b> Thursday	<b>Hike to Thanksgiving Dinner / HSNP</b> <i>Hike across Hot Springs Mountain; enjoy turkey buffet; hike it off</i>	6 miles	Moderate	Jim / Becky Gifford 922-1680
Nov 27 Saturday	<b>Cedar Glades Park</b> <i>"Tour - de - Trash"</i>	5 miles	Moderate	Jim/Vanessa Edgar 922-4992
Dec 2 Thursday	<b>Ouachita Trail / Sect 4</b> <i>Lori Creek - Foran Gap/Hwy 71 [74.5 - 68.1 + Walk-in]</i>	7.5 miles	Difficult	Marv Weitzenfeld 915-9632

Dec 4 Saturday	<b>Gulpha Gorge Clean-Up</b> <i>Meet 9:00 a.m. at Gulpha Gorge</i>	2 hours	Service	Phil Simpson 922-3205
<b>Dec 7 - 9</b> Tues -Thur	<b>Overnight: Sylamore Trail</b> <i>Visit "Fifty-Six". See one of the more beautiful parts of the Ozarks</i>	20 miles	Mod to Difficult	Glenn Wortham 922-0924
Dec 9 Thurs	Hot Springs National Park <i>Local Hiker in lieu of overnight</i>	8 miles	Moderate	Tom Cornelius 760-1597
Dec 11 Saturday	Fordyce Peak ("Blowout Mountain") / HSNP <i>Vigorous climb to remote part of HSNP</i>	6 miles	Moderate - Difficult	Phil Simpson 922-3205
<b>Dec 16</b> Thursday	<b>Trail Maintenance –</b> <i>Build your hours - earn an "OMH Trail Crew" Shirt</i>	4 hours	Strenuous Rewarding	Glenn Wortham 922-0924
<b>Dec 16</b> Thursday	<b>Hikers Christmas Party</b> <i>Your dues have already paid for this party</i>	0 Miles	<b>FUN</b>	Marie Michalets 915-8457
Dec 18 Saturday	<b>Ouachita Trail / Flatside Pinnacle &amp; Crystal Prong</b> <i>Descend from a majestic overlook into Flatside Wilderness</i>	6 miles	Moderate	Glenn Wortham 922-0924
Dec 23 Thursday	<b>Boy Scout Trail / Petit Jean SP</b> <i>A great way to greet winter</i>	8 miles	Moderate	Jeannie Eichler 915-9185
<b>Dec 25</b> Saturday	<b>Christmas Day -- No Hike</b> <i>Enjoy your family</i>	0 miles		
Dec 30 Thursday	<b>Black Fork Mountain Trail</b> <i>End the year with this climb into Black Fork Wilderness</i>	12 miles	Difficult	Tom Ferguson 776-0212
<b>Jan 1</b> Saturday	<b>Hangover Hike</b> <i>A long-standing OMH tradition on New Year's Morning</i>	5 miles	Moderate	Ben Glazer 525-9725
Jan 6 Thursday	<b>Ouachita Trail / Sect 3</b> <i>Foran Gap - Eagle Gap/FR 516 [68.1 - 58.5]</i>	9.6 miles	Difficult	Marv Weitzenfeld 915-9632

Changes