



Ouachita Mountain Hikers

P.O. Box 371 Hot Springs, AR 71902

www.omhikers.net

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2010 Hiking Schedule

Winter / Spring

A Message from Our President

The 2010 Winter/Spring Hiking Schedule offers a variety of hikes for every ability and every preference—steep climbs, panoramic views, waterfalls, creek crossings, wildlife, wilderness areas, and interesting historic sites. We have several new hike leaders and new hikes including a May canoe trip on the Ouachita River. Our first overnighiter is to Eagle Rock Loop in February. The twenty-six mile loop offers spectacular scenery, waterfalls, and creek crossings. Two additional overnighiters have been scheduled for the Ozark Highland Trails in March and the Buffalo River in April. Many of you have inquired about an out-of-state trip. Once again, we will be going to the Great Smoky Mountains. Mark your calendar for May 10-14 and plan to travel with us to one of our favorite places. OMH meetings will be at Garland County Library in January, March, and May. Help us maintain the trails each month, and celebrate the success of our winter/spring season with a Hiker's Picnic in June.

I would like to thank hike chairman Jim Gifford and his planning committee for their outstanding work scheduling the hikes and the hike leaders for donating their time and energy to make the schedule work. Hope to see everyone on the trails.

- John Burns

Important Reminders

ALWAYS contact the Hike Leader in advance if you intend to go on a hike. Proper hike planning requires the leader to know how many people intend to participate. As a matter of courtesy, make contact as early in the week as possible by email or telephone. The **Hike Leader** may cancel a hike due to inclement weather or unforeseen circumstances. Cancellation notification will be made *only* to those who indicate they intend to participate. The Hike Leader has the right to refuse to take any person who is not properly equipped or is inadequately prepared for the hike. *Group safety is the primary concern.*

Be Properly Equipped. Start with plenty of WATER. Good foot wear is of primary importance in hiking. Depending on the hike and weather, each hiker should have lunch or trail snacks, foul weather gear, and a first aid kit. Depending on the season, you may also need insect repellent, hat, sunglasses, blaze orange clothing, or extra clothing for warmth. See "Hikers Corner" section of our club web site for a list of other useful items.

Carpooling to hike sites is the norm. Carpools typically operate from both Hot Springs and Hot Springs Village. Riders are expected to contribute to the cost of gas and wear-tear on the car -- which can be significant, especially when forest roads are used. The current mileage rate for carpool sharing is **6 cents per mile - rounded to the nearest dollar**. Contributions are *payable to the driver*. Please bring correct change whenever possible. Frequent hikers are also expected to drive from time to time, if they have a suitable vehicle.

Announced Times are DEPARTURE Times. When meeting for a hike, be courteous to the hike leader and your fellow hikers. Arrive a few minutes early to arrange carpools and organize your gear. *Don't get left behind.*

Weekly Hike Flash. Current information, *including schedule changes*, are promulgated using the weekly "Hike Flash" message. If you do not receive your weekly email it is always available on the club web site. If you do NOT use E-mail but would like to receive the "Hike Flash", please provide the Publicity Chairman with stamped, self-addressed envelopes.

Photographs taken on hikes may be of interest to others. If you get good photos, please send them to the OMH Webmaster and the club Historian (names at top of this page).

First Time Hikers: *Please participate in two Saturday hikes before trying the longer, more difficult Thursday hikes.*

**2010 HIKING SCHEDULE
WINTER / SPRING**

Date	Location	Distance	Difficulty	Contact
Jan. 2 Saturday	Cedar Glades "Tour-de-Trash" <i>Walk off your holidays in this city park</i>	6 miles	Moderate	Jim/Vanessa Edgar 922-4992
Jan. 7 Thursday	Ouachita Trail / Sect 6 <i>Rescheduled for Feb 4. OT schedule shifted one month</i>	Cancelled Weather		Marv Weitzenfeld 915-9632
Jan. 9 Saturday	West Mountain / HSNP <i>See the other side of Hot Springs National Park</i>	5 miles	Moderate	Larry Kizer 760-5650
Jan. 14 Thursday	Buckeye Mountain Trail <i>Steep climb, good views, Katy Falls, and Caney Creek</i>	8.5 miles	Difficult	Dan Wingard 525-2854
Jan. 16 Saturday	Little Blakely Trail / South Loop <i>Views of Lake Ouachita</i>	6 miles	Moderate	Marie Michalets 915-8457
Jan. 21 Thursday	Trail Maintenance – <i>OMH supports Friends of the Ouachita Trail (FoOT)</i>	Cancelled Weather	<i>Strenuous Rewarding</i>	Glenn Wortham 922-0924
Jan. 21 Thursday	Monthly Meeting: Garland County Library -- 6:00 pm <i>Program/Speaker: Ouachita Outdoor Outfitters</i>			Marie Michalets 915-8457
Jan. 23 Saturday	Bell Slough <i>Another wildlife viewing trip</i>	3 miles	Easy	Loretta Melancon 915-8033
Jan. 28 Thursday	Blackfork Mountain Trail <i>Long climb past rock glacier into beautiful wilderness</i>	Cancelled Weather	Difficult	Jim Gifford 922-1680
Jan. 30 Saturday	Caddo Bend / Lake Ouachita State Park <i>Eagle sightings possible</i>	Cancelled Weather	Moderate	John Burns 922-4106
Feb. 6 Saturday	Entergy Park <i>New Hike - Hot Springs municipal trail</i>	3.0 miles	Easy	Marie Michalets 915-8457
Feb 9 -11 Tue -Thur	Overnight: Eagle Rock Loop <i>Some of the toughest and most scenic hiking in the Ouachita Mts</i>	Cancelled Weather	Difficult	Bo Lea 870/ 356-5052
Feb. 11 Thursday	Eagle Rock Loop <i>Local Hikers will join the overnight for one day of</i>	Cancelled Weather	Moderate	Bo Lea 870/ 356-5052
Feb. 13 Saturday	Gulpha Gorge Clean-Up <i>Meet 9:00 a.m. at Gulpha Gorge</i>	2 hours	<i>Service</i>	Phil Simpson 922-3205
Feb. 16 Tuesday	Ouachita Trail / Sect 6 [Rescheduled from Feb 4] <i>FR 78S to FR 148 (Sandlick Mt.) [136.1 - 124.2]</i>	11.9 miles	Difficult	Marv Weitzenfeld 915-9632
Feb. 18 Thursday	Trail Maintenance – <i>50 Hours of trail work earns an "OMH Trail Crew" shirt</i>	4 hours	<i>Strenuous Rewarding</i>	Glenn Wortham 922-0924
Feb. 20 Saturday	Dawn-to-Dusk in Hot Springs National Park <i>Celebrate our very own National Park Party / Dinner after in town</i>	Variable (2 - 13 mi)	<i>Mixed, Mostly Moderate</i>	Jim Gifford 922-1680 Jerry Harris
Feb. 25 Thursday	Cove Lake Trail / Mt Magazine <i>Climb thru awesome bluffs to the highest point in Arkansas</i>	10.5 miles	Moderate	Marv Weitzenfeld 915-9632
Feb. 27 Saturday	Dam Mt Trail / Lake Catherine SP <i>Great views of Lake Catherine and the waterfall</i>	5 miles	Moderate	Joy Linker 915-8066
March 4 Thursday	Ouachita Trail / Sect 5 <i>FR 148 to Round Top Trail [124.2 - 114.1 + Walk-out]</i>	11.1 miles	Moderate	Jim Gifford 922-1680
March 6 Saturday	Rim Trail and Gum Springs Trail / Mt Nebo SP <i>Rim Trail views plus Mt Nebo's waterfall</i>	4 miles	Easy - Moderate	John Burns 922-4106
Mar 9 -11 Tues -Thur	Overnight: Ozark Highlands Trail / Section 5 <i>Ozone to Big Piney [85.7 - 105.5]; Ozark Wilderness Lodge</i>	19.8 miles	Moderate- Difficult	Ben Glazer 525-9725
March 11 Thursday	Wildcat Mountain <i>Local Hiker in lieu of overnight</i>	8 miles	Moderate	Tom Cornelius 760-1597
March 13 Saturday	Arkansas River Trail / Big Dam Bridge <i>Little Rock's trail " logo " hike</i>	5 miles	Easy - Moderate	Anita Moore 525-3904
March 18 Thursday	Trail Maintenance – <i>Support the trails; Give something back</i>	4 hours	<i>Strenuous Rewarding</i>	Glenn Wortham 922-0924
March 18 Thursday	Monthly Meeting: Garland County Library -- 6:00 pm <i>Program/Speaker:</i>			Marie Michalets 915-8457
March 20 Saturday	Lake Ouachita Vista Trail <i>A new section of this trail may be completed by this date</i>	5 miles	Moderate	Chuck Dumas 870/ 867-0179

March 25 Thursday	Twin Falls / Richland Creek <i>This is an off-trail adventure to several great Ozark waterfalls</i>	8 miles	Very Difficult	Mike Moriarty 915-0179
March 27 Saturday	Hot Springs Mountain / HSNP <i>OMH will also man a booth at the HSNP Youth Fair today</i>	5 miles	Moderate	Jim Gifford 922-1680
April 1 Thursday	Ouachita Trail / Sect 5 <i>Round Top to Rainy Creek (Suck Mt) [114.1 - 105.5 + Walk-in]</i>	9.6 miles	Difficult	Marv Weitzenfeld 915-9632
April 3 Saturday	Garvan Woodland Gardens <i>An insider's look at the annual "Tulip Festival"</i>	3.0 miles	Easy	Paula Wallace 525-5777
Apr 6 - 8 Tues -Thur	Overnight: Buffalo River <i>Float or Hike to Hemmed-in-Hollow</i>	Various	Easy to Difficult	Glenn Wortham 922-0924
April 8 Thurs	Charlton Trail <i>Local Hiker in lieu of overnight</i>	8.0 miles	Moderate	Tom Cornelius 760-1597
Apr 10 Saturday	Ouachita Trail / Hillary Hollow <i>Lake Sylvia to Hwy 9 (Lake Sylvia Loop + miles 188.7 to 191.8)</i>	5.0 miles	Easy – Moderate	Mike Moriarty 915-0179
April 15 Thursday	Trail Maintenance – <i>Hours count toward OMH "Trail Maintenance Crew" Shirt</i>	4 hours	Strenuous Rewarding	Glenn Wortham 922-0924
April 17 Saturday	Seven Hollows Trail / Petit Jean SP <i>One of the prettiest spring hikes we do</i>	4.5 miles	Moderate	Jeannie Eichler 915-9185
April 22 Thursday	Caney Creek Trail <i>Wet and wild through the Caney Creek Wilderness area</i>	10.1 miles	Moderate	Glen McClain 262-1334
April 24 Saturday	Cedar Creek Trail / HSV <i>The prettiest place in HSV with wildflowers in abundance</i>	3.0 miles	Easy	Becky Gifford 922-1680
Apr 29 Thursday	Earthquake Ridge Trail <i>Includes a new section of trail on side of Rich Mountain</i>	8 miles	Moderate	Glenn Wortham 922-0924
May 1 Saturday	Pinnacle Mountain <i>Climb to the top for awesome views of Arkansas River valley</i>	3 miles	Difficult	Joy Linker 915-8066
May 6 Thursday	Ouachita Trail / Sect 5 <i>Rainy Creek to Big Brushy (Blowout Mt) [94.5 - 105.5]</i>	11.0 miles	Difficult	Marv Weitzenfeld 915-9632
May 8 Saturday	Ouachita River Float Trip <i>Rest your legs today; float upstream from Lake Ouachita</i>	4 miles	Easy	Ben Glazer 525-9725
May 10-15 Mon - Fri	Spring Trip: Great Smoky Mountains National Park <i>Volunteer to lead - trip may have to be cancelled without a leader</i>	Various		Volunteer Needed
May 13 Thursday	Womble Trail / South End (North Fork Lake to FR 922) <i>Local Hike in Lieu of trip</i>	7.1 miles	Moderate	Larry Kizer 760-5650
May 15 Saturday	Gulpha Gorge Clean-Up <i>Meet 9:00 a.m. at Gulpha Gorge</i>	2 hours	Service	Phil Simpson 922-3205
May 20 Thursday	Trail Maintenance – <i>Help OMH support Friends of the Ouachita Trail</i>	4 hours	Strenuous Rewarding	Glenn Wortham 922-0924
May 20 Thursday	Monthly Meeting: Garland County Library -- 6:00 pm <i>Program/Speaker:</i>			Marie Michalets 915-8457
May 22 Saturday	Beech Ridge & Coastal Plain Trails / White Oak Lake SP <i>A New Hike for our club in southern Arkansas</i>	5 miles	Easy - Moderate	Anita Moore 525-3904
May 27 Thursday	Bear Creek Trail <i>Views of Lake Ouachita from Powell Mountain</i>	9 miles	Moderate	Phil Simpson 922-3205
May 29 Saturday	Hot Springs Creek <i>A walk beside the creek in the heart of Hot Springs</i>	4 miles	Easy	Rex Greer 262-2231
June 3 Thursday	Winding Stairs Hike & Swim <i>A beautiful waterfall area on the Little Missouri River</i>	4.5 miles	Easy - Moderate	Jim Gifford 922-1680
June 5 Saturday	National Trails Day / Hot Springs National Park <i>Join us for this national celebration of our Trails !!</i>	Various	Easy to Moderate	<i>Details to follow</i>
June 10 Thursday	Hikers' Picnic <i>OMH dues include your attendance at the Hiker's Picnic</i>	0 miles	FUN	Marie Michalets 915-8457
June 12 Saturday	Arkansas Trails Day / Pinnacle Mountain State Park <i>OMH joins AR Trails Council to celebrate Arkansas Trails</i>	3 miles 5 miles	Moderate Difficult	Arkansas Trails Council

Jun 20- 26	OMH Summer Trip – Taos, New Mexico. <i>Sangre de Cristo Mountains, Carson National Forest</i>	<i>Lots of miles</i>	<i>Easy to Difficult</i>	Sondra Hartt schartt@bellsouth.net
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Changes

Sept 9 Thursday	Welcome Back Hike: Charlton Trail <i>Put it on your calendar now !!</i>	4.0 miles	Moderate	Jeannie Eichler 915-9185
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